



**Compass**  
Community Services

# Need to talk to someone?

Are you...

- experiencing homophobia, transphobia or bullying?
- lacking support around coming out?
- questioning gender identity and/or sexual orientation?
- experiencing anxiety, depression or self-harm?
- seeking referrals to resources for LGBTQ+ youth?



call or  
**TEXT**  
LGBTQ+ SUPPORT LINE

# 226-669-3760

Free and confidential emotional support